

## DR. JUDITH WRIGHT

A media favorite, sought after speaker, respected leader, best-selling author, world-class coach, and corporate consultant in the area of personal transformation, leadership development, and personal goal fulfillment, Dr. Judith Wright ([www.judithwright.com](http://www.judithwright.com)) wrote *There Must Be More Than This*, *The One Decision*, and *The Soft Addiction Solution* to share her personal transformation and proven methodologies with a broader audience. Dr. Wright is a pioneer in the field of human development having first risen to national prominence by developing cutting edge programs for those with developmental disabilities in the areas of education and early childhood development. These experiences fueled her passion for developing human potential and strengthened her deep-rooted commitment to help people live great lives. Dr. Wright then applied the profound insights she discovered to people in all areas of life with significant success.

Since then, after twenty years of developing and delivering highly successful personal development programs, she and her husband, Dr. Bob Wright, co-founded the Wright Leadership Institute in Chicago, offering cutting-edge training, coaching, and peer empowerment groups. She is also co-founder of the Wright Graduate Institute for the Realization of Human Potential, offering master's and doctoral degrees in Human Development. In addition, Dr. Judith Wright is the founder of SOFIA (Society of Femininity in Action), providing revolutionary leadership training for women. Dr. Wright is a sought-after expert who has appeared as a featured lifestyle expert and coach on ABC's 20/20, Oprah, Good Morning America, the Today show and hundreds of radio and television shows. Called the "world's ultimate expert," her work has appeared in over 70 magazines and newspapers around the globe including Marie Claire, Fitness Magazine, Health, Better Homes and Gardens, Shape, The New York Daily News, The Chicago Tribune, The Boston Herald, and The San Francisco Chronicle.

In 2008, Dr. Wright completed a comprehensive ten-year research initiative exploring the process of and components for living a great life. This research forms the basis for the pioneering More Life Process, which has changed the lives of thousands of people. In addition, Drs. Judith and Bob Wright are among the country's foremost experts on transformational leadership founding the Foundation for Transformational Leadership as well as The Transformational Leadership Symposium, convening leadership experts from around the nation in the recognition of cutting edge leaders including Brad Anderson, former CEO of Best Buy, as well as the 2011 Award recipient, Dr. Muhammad Yunus.

Dr. Wright has her BA in psychology, her MA in education and counseling and her doctorate in Educational Leadership and Change.